


Merritt Academy

February 2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>Substitutions May be Made as Needed</p> | | | <p>Breakfast for Lunch 1</p> <p>Pancakes Turkey Bacon & Syrup Fresh or Chilled Fruit String Cheese Honey Dew</p> | <p>Soup and Sandwich 2</p> <p>Sliced Turkey w/Provolone Wrap Chips & Vegetable Soup Fresh or Chilled Fruit Ritz Crackers Pears</p> |
| <p>5</p> <p>Meatless Baked Ziti Mixed Vegetables Fresh or Chilled Fruit Mini Blueberry Muffins Pineapple</p> | <p>6</p> <p>Creamy Chicken Penne Alfredo Peas & Whole Wheat Roll Fresh or Chilled Fruit Animal Crackers Tropical Fruit</p> | <p>7</p> <p>Turkey Meatballs over Spaghetti w/ Marinara Sauce & Carrots Fresh or Chilled Fruit Yogurt Cantaloupe</p> | <p>8</p> <p>Cheese Steak on a Whole Wheat Sub Roll Green Beans Fresh or Chilled Fruit Cheez-It Crackers & Apple</p> | <p>9</p> <p>Soup and Sandwich 9</p> <p>Chicken Patty on Whole Wheat Bun w/ Lettuce and Tomatoes, Minestrone Soup Fresh or Chilled Fruit Nutri-Grain Bar & Banana</p> |
| <p>12</p> <p>Macaroni & Cheese Salad w/ Ranch Dressing Fresh or Chilled Fruit Graham Crackers Mandarin Oranges</p> | <p>Taco Tuesday 13</p> <p>Soft Tacos – Ground Beef, Tortilla Wrap, Cheddar Cheese, Salsa & Lettuce Fresh or Chilled Fruit Goldfish and Pears</p> | <p>14</p> <p>Chicken Tenders & Zucchini Whole Wheat Roll Fresh or Chilled Fruit Fig Newtons Pineapple</p>  | <p>15</p> <p>Cheese Ravioli & Mixed Vegetables Whole Wheat Roll Fresh or Chilled Fruit Teddy Grahams Banana</p> | <p>Soup and Sandwich 16</p> <p>Tuna Salad on Whole Wheat Bun Celery Sticks & Ranch Dressing, Tomato Soup Fresh or Chilled Fruit Pretzels & Cinnamon Applesauce</p> |
| <p>19</p> <p>PRESIDENTS DAY</p> <p>MERRITT IS CLOSED</p> | <p>20</p> <p>Cheese Pizza Green Beans Fresh or Chilled Fruit Carrots & Hummus Mandarin Oranges</p> | <p>21</p> <p>Beef Stew & Corn Whole Wheat Roll Fresh or Chilled Fruit Cheez-It Crackers Tropical Fruit</p> | <p>22</p> <p>Chicken and Waffles w/ Syrup Fresh or Chilled Fruit Mini Corn Muffins Pineapples</p> | <p>Soup and Sandwich 23</p> <p>Turkey Meatball Sub w/ Mozzarella Carrots and Chicken Noodle Soup Fresh or Chilled Fruit Vanilla Wafers Banana</p> |
| <p>26</p> <p>Pesto Penne Pasta (tomatoes, Mozzarella, Pesto) Whole Wheat Roll Fresh or Chilled Fruit Ritz Crackers & Apples</p> | <p>Taco Tuesday 27</p> <p>Soft Tacos – Ground Beef, Tortilla Wrap, Cheddar Cheese, Salsa & Lettuce Fresh or Chilled Fruit Goldfish and Honey Dew</p> | <p>28</p> <p>Chicken Parmesan over Spaghetti Broccoli Fresh or Chilled Fruit Ritz Crackers Pears</p> | <p>Breakfast for Lunch 29</p> <p>French Toast w/ Syrup Turkey Sausage Fresh or Chilled Fruit String Cheese Banana</p> | |