

January

2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 MERRITT IS CLOSED	3 Tuna Salad on Whole Wheat Bun Carrot Sticks and Ranch Dressing Fresh or Chilled Fruit Animal Crackers Banana	4 Chili and Rice Mix Vegetables Fresh or Chilled Fruit String Cheese Honey Dew	5 French Toast w/ Syrup Turkey Sausage Fresh or Chilled Fruit Fig Newtons Pears	6 Salami w/ Provolone in a Wrap Salad w/ Ranch Dressing and Chips Fresh or Chilled Fruit Pretzels Tropical Fruit
9 Stuffed Shells w/ Mariana Sauce Broccoli Fresh or Chilled Fruit Animal Crackers Cantaloupe	10 Mini Turkey Corn Dogs Green Beans Fresh or Chilled Fruit Yogurt Mangos	11 Cheeseburger Pasta Peas Fresh or Chilled Fruit Saltine Crackers Apples	12 Chicken and Rice Bowl Corn Fresh or Chilled Fruit Graham Crackers Banana	13 ON THE GRILL Hamburgers on Whole Wheat Bun Cucumbers and Ranch Dressing Fresh or Chilled Fruit Nutri Gran Bars Pineapples
16 MLK DAY MERRITT IS CLOSED	17 ON THE GRILL Beef Hotdogs on Whole Wheat Bun Salad w/ Ranch Dressing and Chips Fresh or Chilled Fruit Ritz Crackers Peaches	18 Chicken Patty on Whole Wheat Bun Mix Vegetables Fresh or Chilled Fruit Cheez its Pineapples	19 Beef Ravioli Carrots Fresh or Chilled Fruit Goldfish Honey Dew	20 BLT (Bacon, Lettuce, Tomatoes) Whole Wheat Bread and Chips Fresh or Chilled Fruit Vanilla Wafers Banana
23 Macaroni and Cheese Cauliflower Fresh or Chilled Fruit Teddy Grams Pears	24 Baked Fish Filet on Whole Wheat Bun Squash Fresh or Chilled Fruit Pretzels Applesauce	25 Curry Chicken and Rice Broccoli and Whole Wheat Bread Fresh or Chilled Fruit Animal Crackers Cantaloupe	26 Chicken and Waffles Syrup Fresh or Chilled Fruit Graham Crackers Pineapples	27 Turkey and Cheese Wrap Salad w/ Ranch Dressing Fresh or Chilled Fruit Mini Muffins Tropical Fruit
30 Pesto Penne Pasta (Tomatoes, Mozzarella, Pesto) Fresh or Chilled Fruit Goldfish Honey Dew	31 Cheese Pizza Salad w/ Ranch Dressing Fresh or Chilled Fruit Graham Crackers Cantaloupe			