

Merritt Academy

May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2 Tuna Salad Sandwich w/ Whole Wheat Bread and Green Beans Fresh or Chilled Fruit Mini Muffins Cantaloupe	3 Mild Buffalo Chicken Wraps w/ Lettuce Chips and Carrots Fresh or Chilled Fruit Graham Crackers Honey Dew	4 Creamy Chicken Alfredo (Spaghetti Noodles) and Broccoli Fresh or Chilled Fruit Vanilla Wafers Diced Pears	5 Pancakes and Turkey Sausage Syrup Fresh or Chilled Fruit Goldfish Banana	6 Roast Beef, Shredded Carrots and Lettuce, Provolone Cheese on a Wrap Fresh or Chilled Fruit Yogurt Pineapple Tidbits
zz9 Veggie Wrap with Hummus Cole Slaw Fresh or Chilled Fruit Cheez its Banana	10 Tacos – Ground Beef, Tortilla Wraps, Queso, Lettuce and Salsa Fresh or Chilled Fruit Lorna Doone Cantaloupe	11 Fish Sticks w/ Green Beans Whole Wheat Roll Fresh or Chilled Fruit Fig Newtons Honey Dew	12 BLT- Turkey Bacon, Tomatoes, Lettuce on Whole Wheat Bread Fresh or Chilled Fruit Teddy Grams Apple Slices	13 Hamburgers on the GRILL w/Whole Wheat Bun Pickles and Chips Fresh or Chilled Fruit Nutri Gran Bars
16 Individual Cheese Pizza Cucumbers and Ranch Dressing Fresh or Chilled Vanilla Wafers Sliced Pears	17 Chicken Nuggets Mix Vegetables Fresh or Chilled Fruit Pretzels Sliced Peaches	18 Sloppy Joe w/ Whole Wheat Roll Broccoli Fresh or Chilled Fruit Vanilla Pudding Cantaloupe	19 Waffles w/ Turkey Bacon Syrup Fresh or Chilled Fruit Crackers and Hummus Banana	20 Chicken Salad with Pita Carrots or Celery w/ Ranch Dressing Fresh or Chilled Fruit Graham Crackers Honey Dew
23 Baked Mac and Cheese Mix Vegetables Fresh or Chilled Fruit Yogurt Tropical Fruit	24 BBQ Chicken on Whole Wheat Bun Celery or Carrots and Ranch Dressing Fresh or Chilled Fruit Mini Muffins Apple Slices	25 Popcorn Chicken w/ Whole Wheat Roll Green Beans Fresh or Chilled Fruit Goldfish Cantaloupe	26 Cheese Tortellini w/ Marinara Sauce Whole Wheat Roll and Carrots Fresh or Chilled Fruit Pretzels Pineapple Tidbits	27 Beef Hot Dog on the GRILL w/ Whole Wheat Roll Broccoli Fresh or Chilled Fruit String Cheese
30 Memorial Day No School	31 Turkey and Cheese Wrap Salad and Ranch Dressing Fresh or Chilled Fruit Teddy Grams Tropical Fruit			