

HELP!

RESOURCES AND IDEAS

Books:

[My Mouth is a Volcano by Julia Cook](#)

[What Should Danny Do? by Adir Levy](#)

[My Magical Choices by Becky Cummings](#)

[Even Superheroes Have Bad Days by Shelly Becker](#)

[Breathe like a Bear by Kira Willey](#)

[Little Spot of Patience by Diane Alber](#)

Timer App: Do you ever struggle to have your kid accomplish a task within given time boundaries? With Timer for Kids daily routines like cleaning, teeth brushing and dressing up become fun and competitive. You set the time duration and select favorite animal picture that will be slowly revealing during the countdown.

Glitter Jar: <https://youtu.be/RVA2N6tX2cg>

Kenson Kid's "I Can Do It!" Behavior Chart:

https://www.amazon.com/stores/Kenson+Kids/page/C18F900B-8DB7-42A7-A476-F98B74E3C37F?ref=ast_bln

Time-In Tool Kit: <https://shop.mother.ly/products/the-time-in-toolkit?variant=39302622085202>

YouTube Channels:

Howard B. Wigglebottom: <https://www.youtube.com/user/howardbwigglebottom>

Cosmic Kids Yoga: <https://www.youtube.com/user/CosmicKidsYoga>

The Feelings Channel: <https://www.youtube.com/channel/UCJOySiqotiu1SjNSKvw7RPQ>

SlumberKins: <https://www.youtube.com/watch?v=YAQkifGs024>